

Willamette Leadership Academy
Limited In Person Instruction - PT

What is Limited In Person Instruction?

- Limited In Person Instruction is allowed under the current guidance for reopening schools; it allows for students to meet in person in small groups of 10 or less, for a duration of about two hours including transportation time with some exceptions. This can *only* be started if there have been no positive cases of COVID-19 in staff or students, as this is an indicator of spread in our school community. If we have any reports of positive COVID-19 cases in our students or staff, then we will delay starting this program for 14 days.

How will it work for Physical Training (PT)?

- In an effort to connect Cadets with their NCOs and get physical activity, WLA will begin to offer optional Limited In Person Instruction for PT after the week of October 12th (official start date TBD). In Person PT will not conflict with a Cadet's Zoom class schedule.
- Each grade level will have the opportunity to come to the 2nd Battalion campus one day a week, every other week. We will alternate weeks between 1st Battalion classes and 2nd Battalion classes. All classes will be held outdoors.
- Cadets will be in their Companies and then broken into small cohorts of 10 for PT instruction. Classes will be about an hour to account for the additional transportation time.
- The small cohorts of 10 Cadets will be spaced more than 50 feet from each other. Each cohort of 10 will have 6 feet of spacing between each Cadet. All Cadets will be required to wear masks/face coverings during PT, including staff. If a Cadet is not able to wear a face mask/covering, please contact the Battalion Commander and Sergeant Major for more information. A medical doctor's note is required to support a Cadet not wearing a mask/face covering.
- Our buses will transport Cadets from designated bus stops to 2nd Battalion and back. All Cadets will be screened for temperatures and COVID-19 symptoms before boarding the bus (or before starting PT class if they are driven to campus). Cadets that ride the bus will be required to wear masks or face coverings.

Is it required for my Cadet to attend?

- No. This is an optional extension of PT for Distance Learning. Cadets will still have access to the Distance Learning PT curriculum, and will not be docked points for participation if they do not attend.

What are the expectations for Cadets?

- Cadets will be expected to attend in their BDUs (green uniform) with boots. If you do not have a complete uniform for your Cadet, please email Michelle Freng for uniform assistance at: mfreng@wlademy.org. The Cadet's NCOs can help ensure Cadets have the uniform on correctly.
- Cadets will be expected to be on their best behavior and to maintain all physical distancing and COVID-19 hygiene protocols. If Cadets do not behave appropriately either on the bus or on campus, or if they are deemed a safety concern due to their behavior, Cadets risk not being allowed to continue to attend. This opportunity is a privilege, not a right, and safety is our primary objective.
- Cadets will wear masks or face coverings for the duration of PT as well as on the bus. Face masks/coverings will be either black, white, OD green, blue, or yellow, with no patterns, pictures, or words/phrases. Disposable medical masks of any color are fine, as are face shields.
- Cadets will bring their own water bottles. Drinking fountains will be closed to Cadets.
- Cadets will be expected to participate to the best of their abilities.

What are the expectations for Families?

- Due to limited time with Cadets, this is not the time or place for families to ask for Cadets to be IT'd or corrected for behaviors at home. This is also not the appropriate time for parents/guardians to have in person conversations with staff about their Cadet.
- If there is any illness in the household, do not send your Cadet, even if they appear fine. This includes illnesses beyond COVID-19. If a Cadet has a fever of 100.4 or higher the Cadet will NOT be transported.
- If you, or someone on your emergency contact list, is not able to pick up your Cadet from the bus stop or school campus in case of emergency or illness, please do not send your Cadet.
- Be available to take a call from the school in the event we need to reach you during the time of Limited In Person PT. Please make sure your emergency contact is updated.
- Be prepared with a plan for your Cadet to get to and from the bus stop. Our drivers will not transport Cadets that look ill or don't pass the initial screening and temperature check. WLA will do our best to contact parents or guardians before leaving the Cadet at the stop.
- If you leave for work before your Cadet will leave for PT, please wake them up and screen them for symptoms or illness before you leave. This will reduce the likelihood that you will need to come pick them up.
- Be prepared to receive a cancellation notice the morning of in case there is a lack of staff/transportation (due to illness) or due to inclement weather in the forecast. Make-up sessions will not be offered.
- If your Cadet will need medication during their time on campus, please contact the building secretary to set up an appointment to get that dropped off ahead of time.
- If your Cadet will need to carry an inhaler or EpiPen, a note from their doctor needs to be faxed to the school prior to them bringing it to campus. Please make sure it states that your Cadet is allowed to "self administer" their inhaler or EpiPen.
- WLA is under strict guidelines for Limited In Person Instruction, and an outbreak or case of COVID-19 can cause us to need to stop offering Limited In Person instruction. We ask that all families take this seriously and think of the impact on the WLA community before sending your Cadet.

What safety measures will be in place?

- All Cadets and staff will have their temperatures taken and will be asked a series of screening questions prior to entering campus.
- All Cadets and staff will wear masks or face coverings for the duration of their time on campus.
- All Cadets and staff will stay 6 feet apart at all times.
- PT will be held outside to reduce exposure.
- Hand sanitizer will be available and utilized before and after PT sessions.
- Cadets will have access to a bathroom during PT that will be cleaned frequently, but access to the school building and additional staff that may be present will be limited.

How do we sign up for Limited In Person Instruction for PT?

- If you are interested in sending your Cadet in for Limited In Person Instruction, please complete the Google Form by Friday, October 9th. [Click Here for the Google Form.](#)
- Once the Google Form has been submitted, your Cadet's NCO will call to ensure that all requirements are understood and agreed upon. Contact must be made via phone before Cadets are cleared to participate.
- WLA staff and drivers will have rosters of Cadets allowed to participate. If you have not completed the above steps, we will not allow your Cadet to participate or board the bus that day.